

Infection Prevention and Control

How to use the 'Preventing Infection Workbooks'

For care staff managers/ supervisors or focal IPC/ clinical leads
To supplement local IPC training and Social Care Wales modules

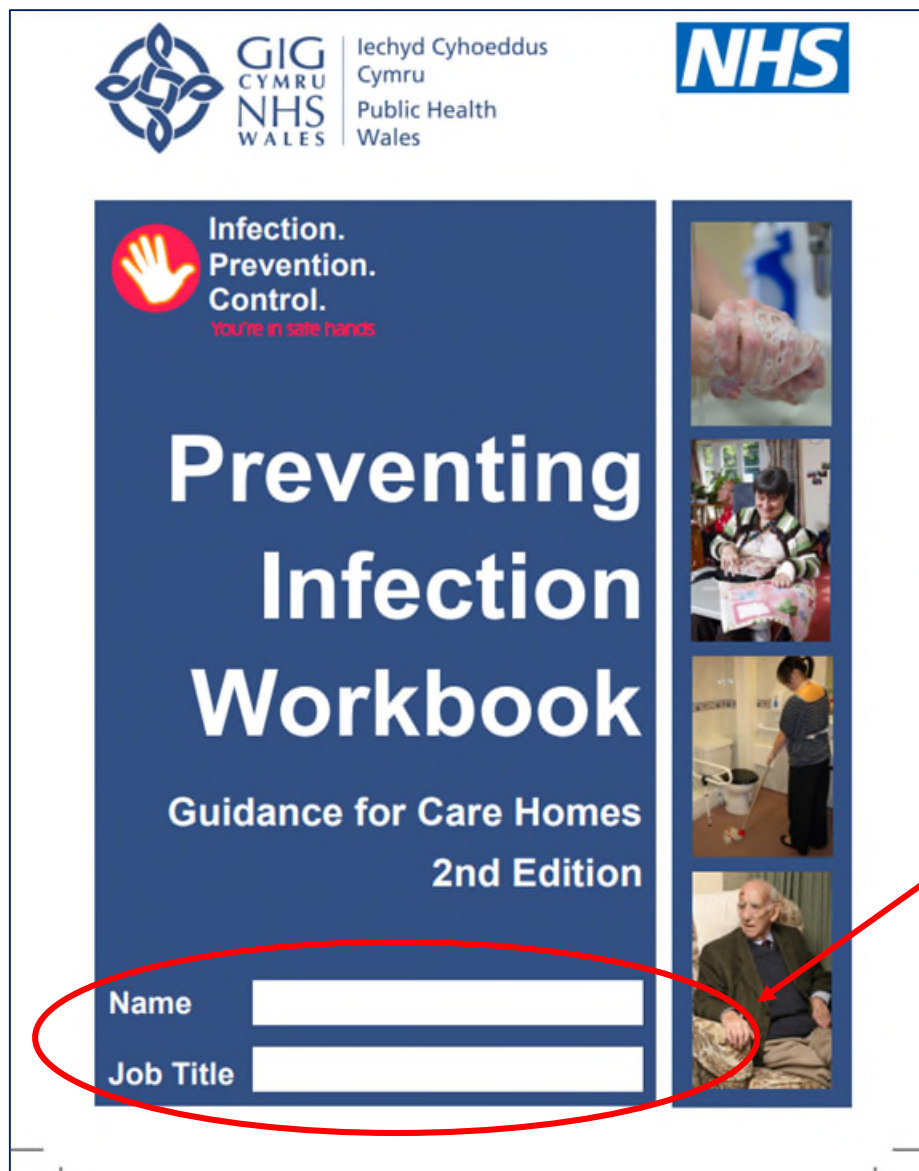
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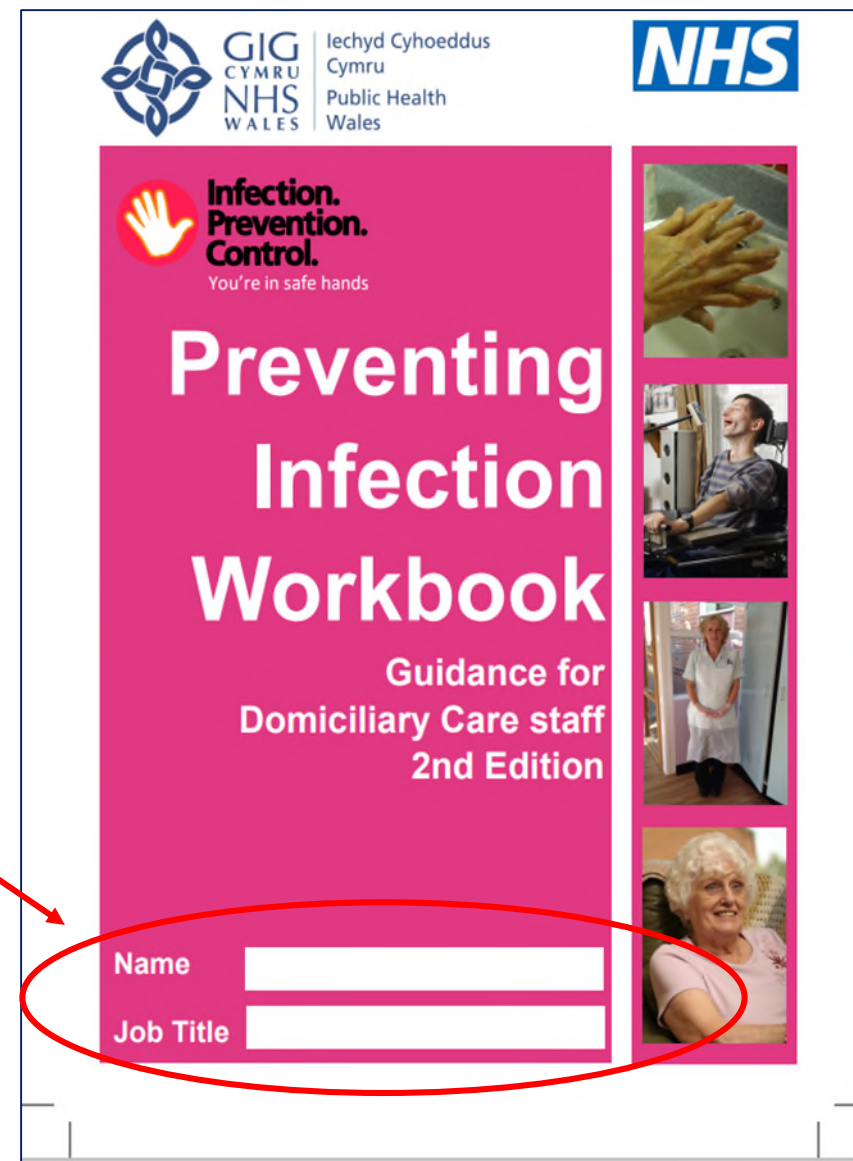
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One workbook
should be given
to each member
of staff

Enter name
and job title



Step 1 – you will have received your allocated workbooks

Example of the contents page of the workbook

Guidance for Care Homes

Contents		Page	Indicate sections to complete
Section 1	1. Introduction	4	<input type="checkbox"/>
	2. Infection prevention and control	5	<input type="checkbox"/>
	3. Standard Infection Control Precautions	8	<input type="checkbox"/>
Section 2 - Standard Infection Control Precautions	4. Hand hygiene	9	<input type="checkbox"/>
	5. Personal protective equipment	15	<input type="checkbox"/>
	6. Resident placement, assessment for infection risk and communication	19	<input type="checkbox"/>
	7. Respiratory and cough hygiene	21	<input type="checkbox"/>
	8. Safe disposal of waste	23	<input type="checkbox"/>
	9. Safe management of blood and body fluid spillages	26	<input type="checkbox"/>
	10. Safe management of care equipment	30	<input type="checkbox"/>
	11. Safe management of linen	34	<input type="checkbox"/>
	12. Safe management of the care environment	37	<input type="checkbox"/>
	13. Safe sharps management and prevention of exposure injury	39	<input type="checkbox"/>
	Section 3 - Key topics	14. ANTT (Aseptic Non-Touch Technique)	43
15. Specimen collection		46	<input type="checkbox"/>
16. Urinary catheter care		49	<input type="checkbox"/>
17. UTI prevention		53	<input type="checkbox"/>
Section 4 - Specific infections	18. <i>Clostridioides difficile</i>	57	<input type="checkbox"/>
	19. MDROs, including ESBL and CPE	61	<input type="checkbox"/>
	20. MRSA	65	<input type="checkbox"/>
	21. Respiratory illnesses	69	<input type="checkbox"/>
	22. Viral gastroenteritis/Norovirus	73	<input type="checkbox"/>
Section 5	Commentary	77	<input type="checkbox"/>
	Key references and resources	78	<input type="checkbox"/>
	Certificate of completion	79	<input type="checkbox"/>

Contents

All staff should complete all sections

If used for non-caregivers, You can select/ tick relevant sections to be undertaken

Example of a section in the workbook

4. Hand hygiene (sic)

Note

- Hand hygiene for residents is important and they should be encouraged to wash their hands or use moist (non-alcohol) skin wipes after using the toilet and before meals.
- Bars of soap and fabric hand towels should not be used by staff in resident's rooms or staff toilets as they harbour microorganisms. Wall mounted liquid soap and paper towels should be used.

Remember

- Handwashing is the single most important way to prevent the spread of infection.
- It is best practice to be 'Bare Below the Elbows' to facilitate good hand hygiene when delivering direct care to residents.
- Hands that are not dried properly transfer microorganisms more easily.

Test your knowledge
Please tick the correct answer

	True	False
1. Hand hygiene is the single most important way to prevent the spread of infection.	<input type="checkbox"/>	<input type="checkbox"/>
2. BBE is about exposing the forearms and being free from wrist and hand jewellery.	<input type="checkbox"/>	<input type="checkbox"/>
3. Alcohol handrub is not effective when caring for residents with Norovirus.	<input type="checkbox"/>	<input type="checkbox"/>
4. Bars of soap and fabric hand towels can be used by staff in staff toilets.	<input type="checkbox"/>	<input type="checkbox"/>

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Encourage staff to read through each of the sections at their own pace

The entire workbook can be completed in 2-3 hours all in one go, but it is recommended to complete the sections over 2-4 weeks

The workbook can be completed individually or in a group. In a group means you can have more discussions!

Each section has 'Test your knowledge' questions which need to be completed after each section has been read. These need to be marked – after each section or once completed

Separate mark sheets will also be delivered in an envelope to the provider

Example of references in the workbook

Preventing Infection Workbook

Key references and resources

All Wales Infection Prevention and Control Training, Learning and Development Framework for health, social care, early years and childcare. <https://heiw.nhs.wales/files/ipc-framework-final-nbsp/>

All Wales Induction Framework for Health and Social care. <https://socialcare.wales/learning-and-development/induction-for-health-and-social-care-awif>

Effective communication with people with dementia. <https://socialcare.wales/service-improvement/effective-communication-with-people-with-dementia>

Principles and values of health and social care (adults) (healthandcarelearning.wales)

<https://www.scie.org.uk/dignity/care/communication#effective>

<https://socialcare.wales/service-improvement/the-mental-capacity-act-and-deprivation-of-liberty-safeguards-dols>

Health and Social Care Services - Sharps injuries (HSE). <https://www.hse.gov.uk/healthservices/needlesticks/>

National Infection Prevention Control Manual (NIPCM). <https://phw.nhs.wales/services-and-teams/harp/infection-prevention-and-control/nipcm/>

National Standards for Cleaning in NHS Wales (2009) NHS Wales [Statutory Guidance for service providers \(gov.wales\)](http://StatutoryGuidanceforServiceProviders.gov.wales)

Surveillance and Reports (Healthcare associated infections - HCAs) includes HALT study on prevalence of HCAs on Long-Term Care Facilities 2017. <https://phw.nhs.wales/services-and-teams/harp/healthcare-associated-infections-hcai/>

Urinary Tract Infection Toolkits and Resources. <https://phw.nhs.wales/services-and-teams/harp/infection-prevention-and-control/toolkits-and-resources/>

Welsh Government, The Regulation and Inspection of Social Care Act (Wales) <https://gov.wales/sites/default/files/publications/2019-04/guidance-for-providers-and-responsible-individuals.pdf>

Welsh Health Technical Memorandum WHTM 01-04: Decontamination of linen for health and social care. Management and provision

Welsh Health Technical Memorandum WHTM 07-01: Safe management of healthcare waste

WHO Roadmap to improve and ensure good indoor ventilation in the context of COVID-19. <https://www.who.int/publications/item/9789240021280>

Key references and resources

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All the answers to the questions are in the narrative in the relevant sections

Further reading and resources are available at the back of the workbook

Example of certificate in the workbook



The certificate is titled 'Certificate of completion Infection Prevention and Control' and is for the 'Preventing Infection Workbook Guidance for Care Homes 2nd Edition'. It certifies that the person named below has successfully completed the workbook. The background features a green textured pattern with red, pill-shaped bacteria. The certificate includes fields for Name, Date of completion, Manager's signature, and Organisation. It also states that the certificate is valid for 12 months from the date of completion. The footer mentions the Infection Prevention and Control (Community) Healthcare Associated Infection and Antimicrobial Resistance Programme (HARP) and provides the address: Public Health Wales, Number 2 Capital Quarter, Tyndall Street, Cardiff, CF10 4BZ.

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NHS

Certificate of completion
Infection Prevention and Control

Preventing Infection Workbook
Guidance for Care Homes 2nd Edition

This certifies that the person named below has successfully completed the Workbook

Name: _____

Date of completion: _____

Manager's signature: _____

Organisation: _____

This certificate is valid for 12 month from the date of completion above.

Infection Prevention and Control (Community) Healthcare Associated Infection and Antimicrobial Resistance Programme (HARP)

Public Health Wales

Number 2 Capital Quarter, Tyndall Street, Cardiff, CF10 4BZ

Once completed all sections, your supervisor or equivalent should mark the workbook.

When you have achieved 100% competency, you will be awarded a 'Certificate of Completion' (valid for 12 months)

You can use this to evidence CPD

You can keep the workbook for future reference

Well done!