

**Current level of influenza activity:** *Medium seasonal activity*

**Trend:** *Decreasing*

**Confirmed cases since 2019 week 40: 1,236** (99% influenza A and 1% influenza B. Of the influenza A cases, 10% were A(H1N1)pdm09, 75% were A(H3N2) and 15% were A(not typed).

## Key points – Wales

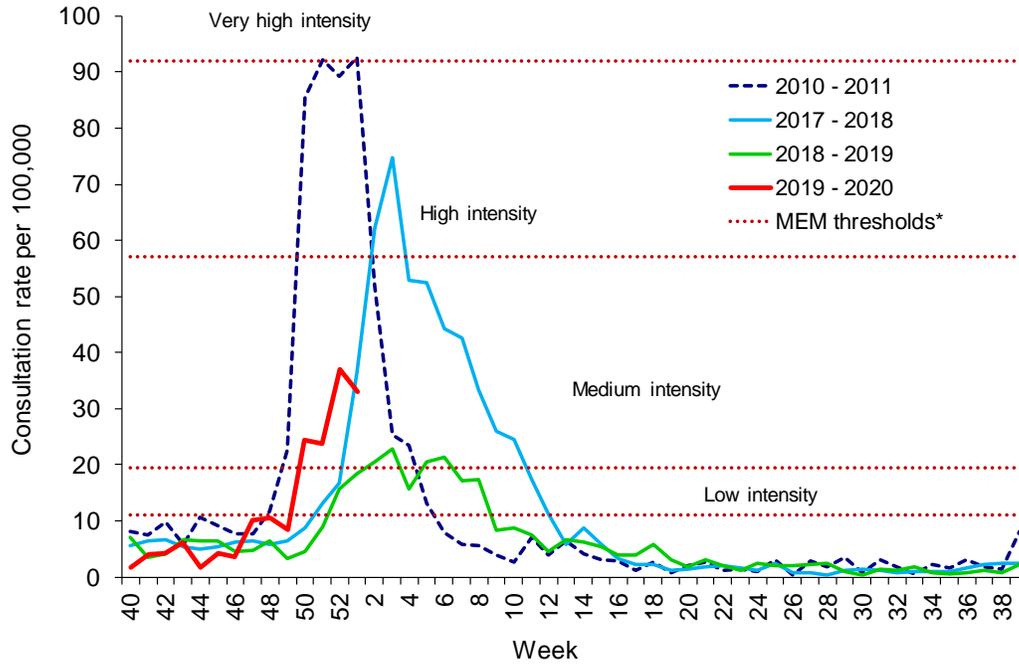
### Surveillance indicators suggest that influenza is circulating in Wales.

The adjusted sentinel GP consultation rate for influenza-like illness (ILI) decreased during week 01 (ending 05/01/2020) but remains at medium intensity. During week 01, 197 cases of influenza were confirmed. Influenza was the most commonly detected cause of Acute Respiratory Infection (ARI) but other causes of ARI continue to be detected. Respiratory Syncytial Virus (RSV) activity in children under five years of age continued to decrease this week and is now at low intensity levels.

- The crude Sentinel GP consultation rate for influenza-like illness (ILI) in Wales during week 01 was 26.5 consultations per 100,000 practice population. General practices were open for four days during this week, compared to the usual five. When adjusted for the reduced general practice opening hours, the consultation rate was 33.1 per 100,000 (Table 1).
- The adjusted ILI consultation rate decreased compared to week 52 (37.1 per 100,000 practice population) but remains above the medium intensity threshold.
- The total number of respiratory-related consultations with Out of Hours (OOH) doctors in Wales reported to Public Health Wales during week 01 was 3,043. This represents 20.5% of all 14,867 reported consultations with OOH doctors and is a decrease on the number and the proportion reported last week (Figure 7). The percentage of calls to NHS Direct Wales which were 'influenza-related' (cold/flu, cough, fever, headache and sore throat) during week 1 decreased to 19.6% (Figure 8).
- Eleven surveillance samples from patients with ILI, collected by sentinel GPs during week 01, had been received by Public Health Wales Microbiology as at 08/01/2020. Three samples were positive for influenza A(H3N2) (two patients aged 35-44 years and one patient aged 45-64 years all from South East Wales), one sample tested positive for parainfluenza, one sample tested positive for coronavirus and six samples were negative for all routinely tested pathogens.
- During week 01, 649 specimens were tested by Public Health Wales Microbiology from hospitalised and non-sentinel GP patients with ARI. The following numbers of patients tested positive: 34 influenza A(H1N1)pdm09, 112 influenza A(H3N2), 44 influenza A(not subtyped), four influenza B, 84 RSV, 57 rhinovirus, 43 human metapneumovirus, 14 parainfluenza, 10 adenovirus, eight enterovirus and eight mycoplasma (Figure 4). The proportion of samples from hospital patients positive for influenza was 30%. Fifty-one respiratory specimens were tested from patients in intensive care units (ICU), seven specimens were positive for influenza A (Figure 5).
- The RSV season increased but remains at low intensity levels during week 1. Thirty-three (30%) of 109 samples from children younger than five years with ARI tested positive for RSV during week 1 and there were 19.3 confirmed cases per 100,000 in this age-group (Figure 6). The average duration of seasonal activity is 11-13 weeks and week 1 was the eleventh week of the current season.
- During week 52 (latest data available), three influenza outbreaks were reported to the Public Health Wales Health Protection team, two outbreaks were in residential homes and one was in a hospital.
- At the end of 2020 week 01, uptake of influenza vaccine was: 67.3% in those aged 65 years and older, 40.2% in patients aged six months to 64 years at clinical risk, and 42.6% in children aged two and three years old. In the 1,099 primary schools visited thus far as part of the universal childhood influenza programme, uptake was 68.3%.

## Influenza activity in Wales

**Figure 1. Clinical consultation rate per 100,000 practice population in Welsh sentinel practices (as of 05/01/2020).**

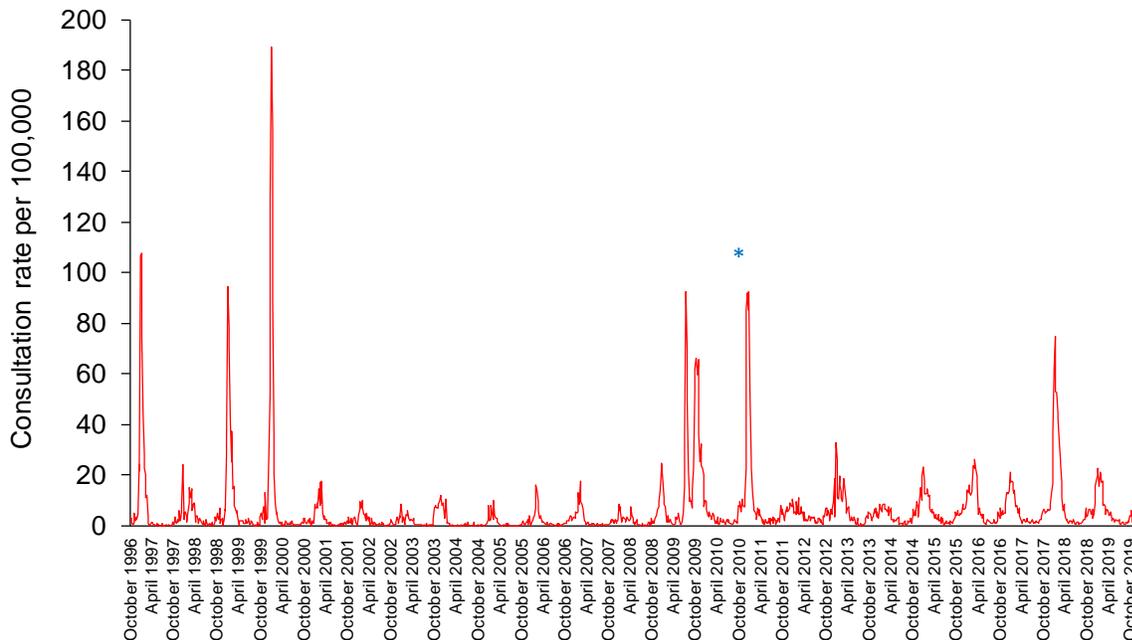


**A technical issue is currently affecting data submitted from sentinel practices utilising a specific brand of GP software. As a result, since week 47, data from affected practices has been excluded from calculations of the weekly ILI consultation rate. Weekly rates from week 47 onwards are based on data from approximately 20 practices.**

Week 52 consultation rate adjusted for the reduced general practice opening hours.

\* The Moving Epidemic Method (MEM) threshold calculated for Wales ILI consultation rates is 11.1 per 100,000. MEM thresholds used in this chart are based on influenza from 2010-11 to 2018-19 seasons.

**Figure 2. Clinical consultation rate per 100,000 practice population in Welsh sentinel practices (week 48 1996 – week 01 2020).**



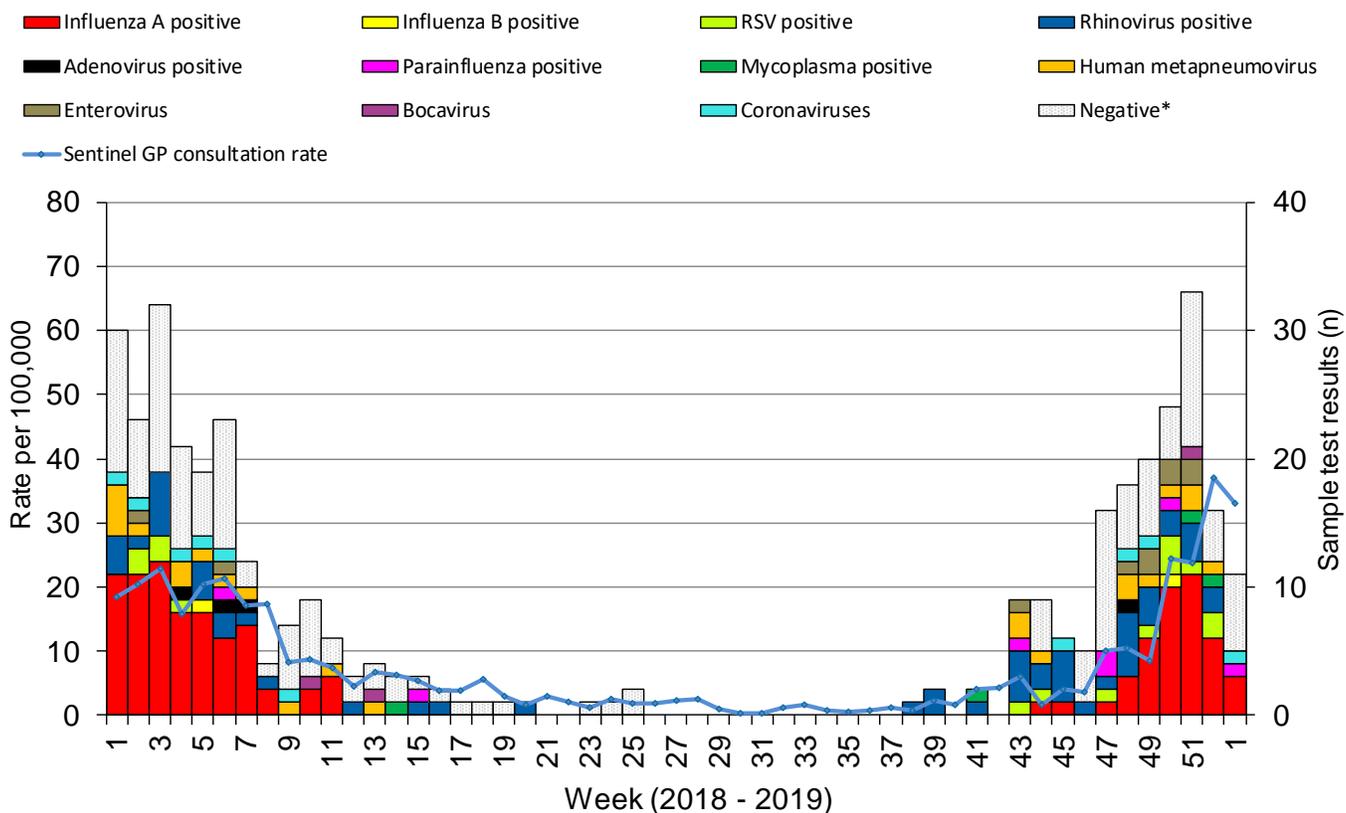
\* Reporting changed to Audit+ surveillance system

**Table 1. Age-specific consultations (per 100,000) for influenza in Welsh sentinel practices, week 48 2019 – week 01 2020 (as of 05/01/2020).**

Age group	48	49	50	51	52	1
< 1	-	-	-	-	-	-
1 - 4	-	-	-	-	-	-
5 - 14	-	-	-	-	-	-
15 - 24	-	-	-	-	-	-
25 - 34	-	-	-	-	-	-
35 - 44	-	-	-	-	-	-
45 - 64	-	-	-	-	-	-
65 - 74	-	-	-	-	-	-
75+	-	-	-	-	-	-
<b>Total</b>	<b>10.6</b>	<b>8.5</b>	<b>24.4</b>	<b>23.8</b>	<b>37.1</b>	<b>33.1</b>

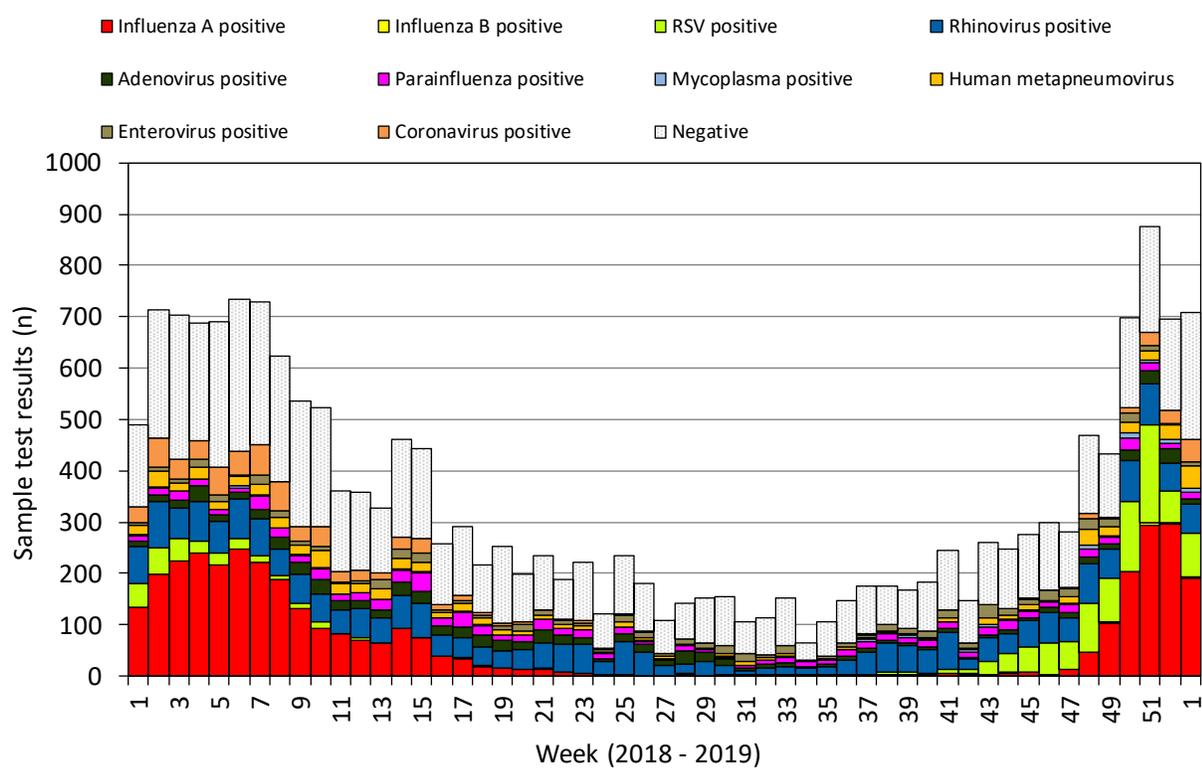
Due to the technical issue currently affecting data submitted from sentinel practices utilising a specific brand of GP software, no age breakdown is available for weeks 47 to 52.

**Figure 3. Specimens submitted for virological testing by sentinel GPs as of 05/01/2020, by week of sample collection, week 01 2019 - week 01 2020.**



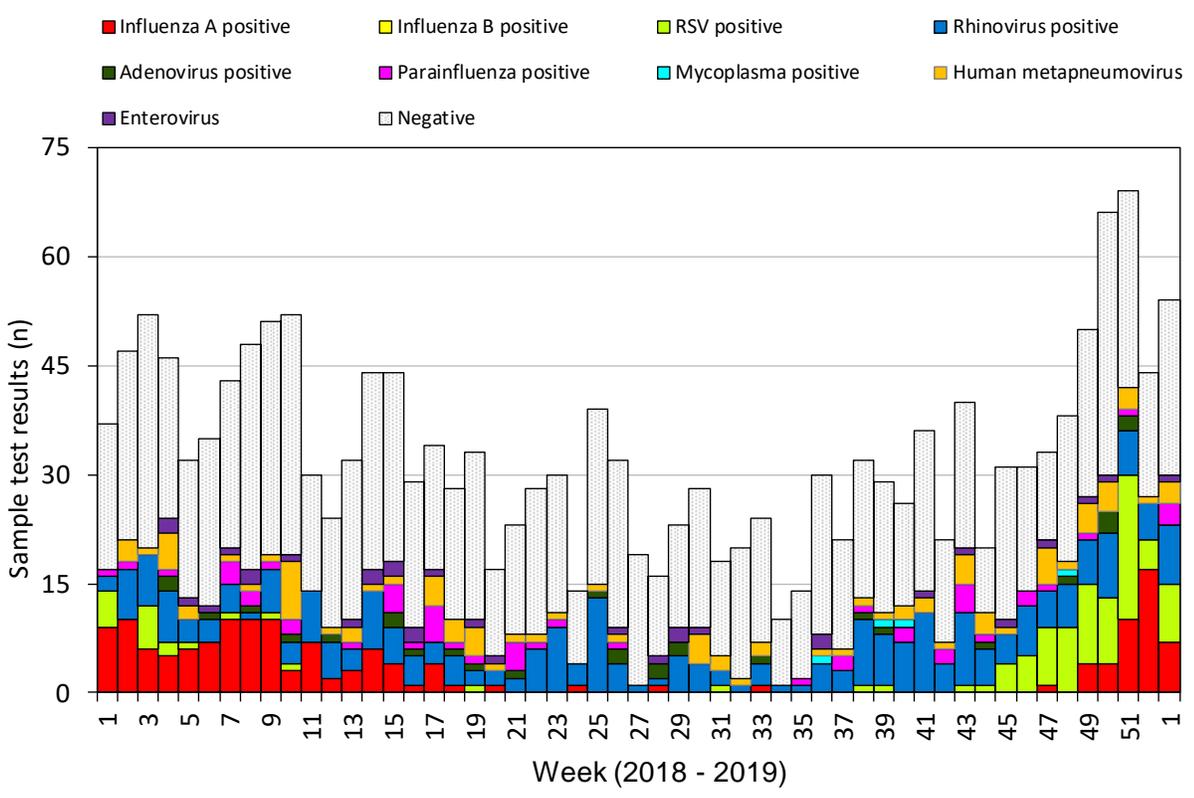
\* Tested negative for influenza, adenovirus, rhinovirus, RSV, parainfluenza, mycoplasma, human metapneumovirus, enterovirus, bocavirus and coronaviruses.

**Figure 4. Specimens submitted for virological testing for hospital patients and non-sentinel GPs as of 05/01/2020 by week of sample collection, week 01 2019 to week 01 2020.**

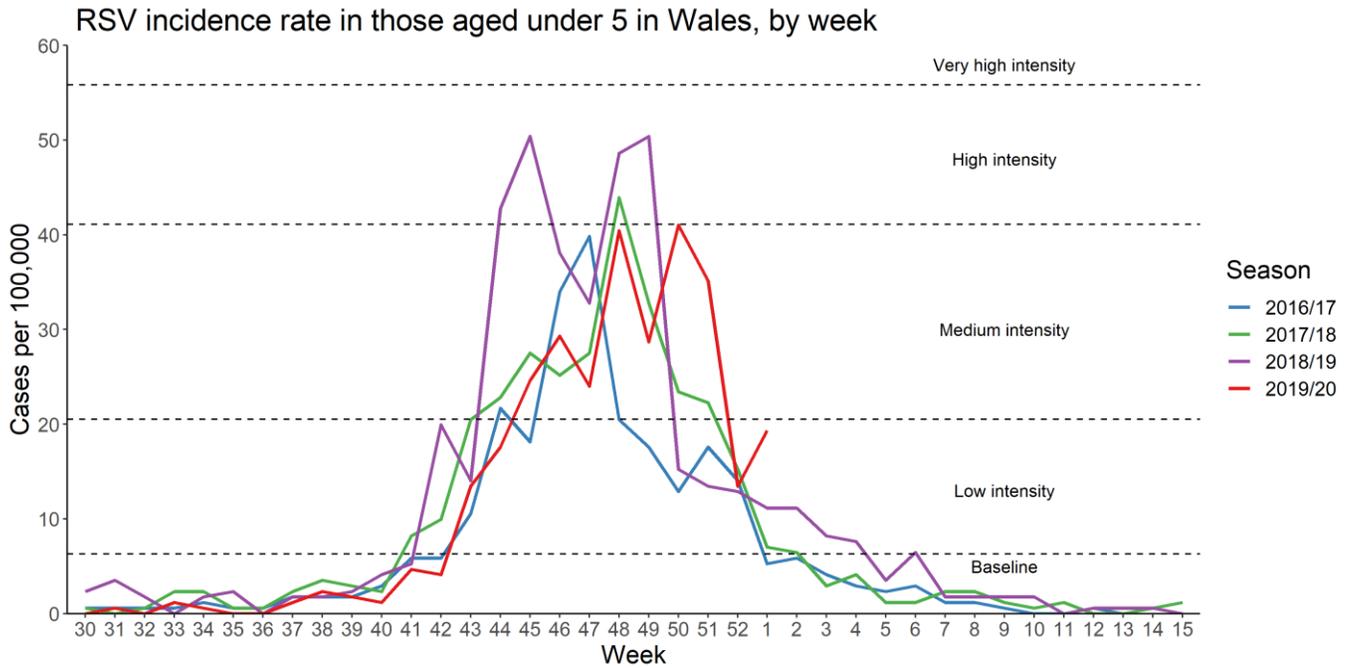


Combined data for tests carried out in Public Health Wales Microbiology: Cardiff laboratory, provided by Public Health Wales Microbiology Cardiff Specialist Virology Centre. This chart summarises individual test results, patients who are positive for multiple infections within a given week will appear multiple times.

**Figure 5. Specimens submitted for virological testing for ICU patients, by week of sample collection, week 01 2019 to week 01 2020.**

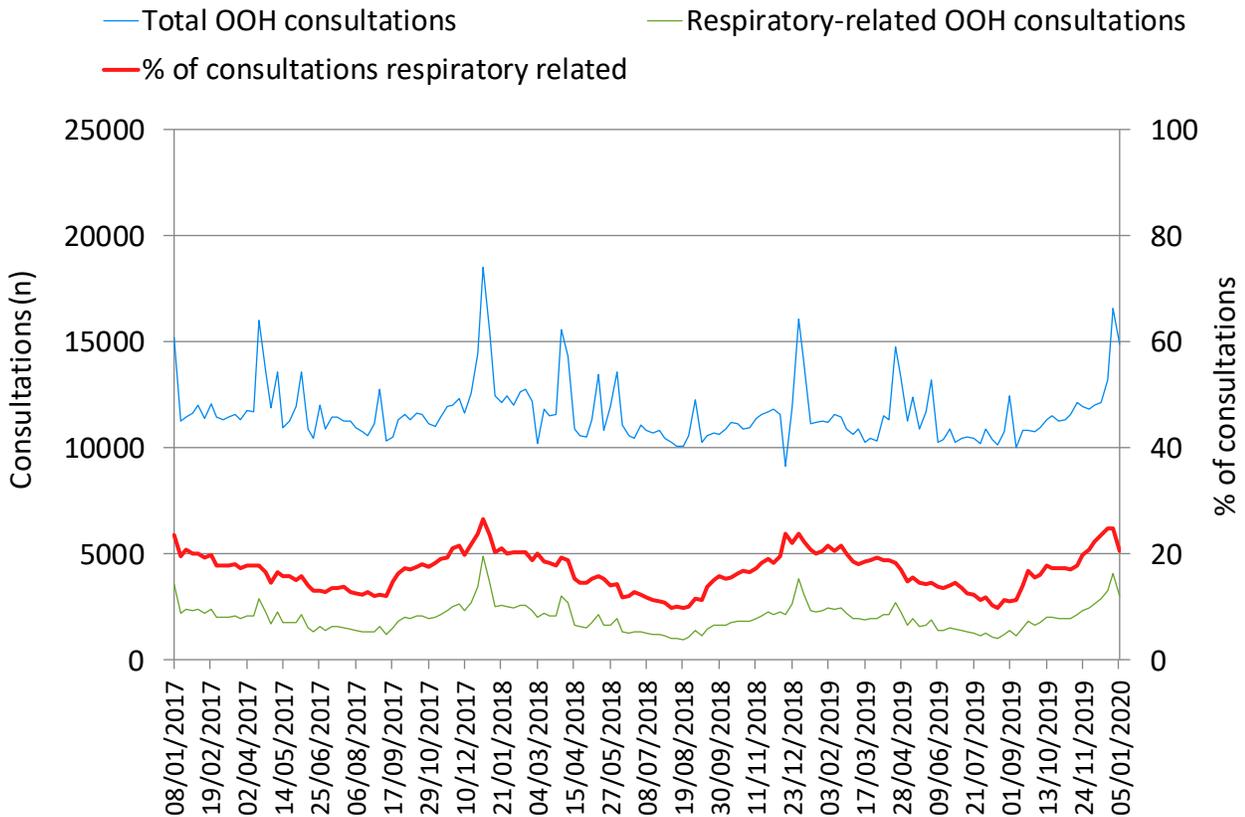


**Figure 6. RSV incidence rate per 100,000 population aged under five years, week 30 2016 to week 01 2020.**

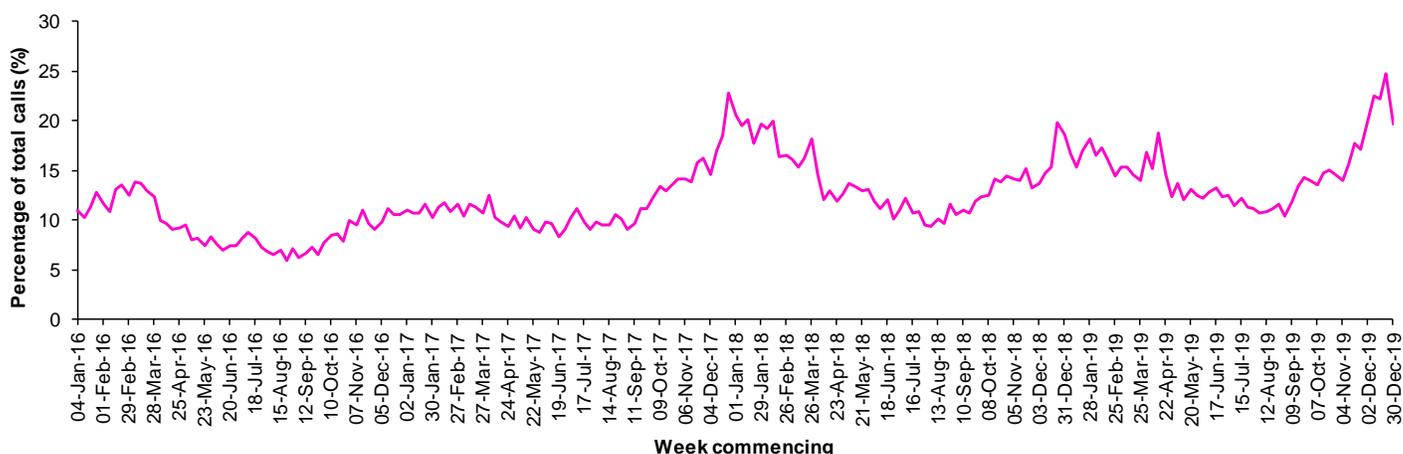


### Out of Hours consultations and calls to NHS Direct Wales

**Figure 7. Weekly total consultations to Out of Hours services in Wales and numbers of respiratory-related diagnoses (as of 05/01/2020).**



**Figure 8. Influenza related calls to NHS Direct Wales<sup>1</sup> (as a percentage of total calls) from week 01 2016 - week 01 2020 (as of 05/01/2020).**



<sup>1</sup> Data supplied by Health Statistics and Analysis Unit, Welsh Government.

Flu related calls are the sum of calls recorded as 'cold/flu', 'cough', 'headache', 'fever' and 'sore throat'. Following changes to the NHS Direct calls system, including the start of the 111 pilot, there has been a change in the way in which denominator data are calculated for this chart, NHS Direct Wales now count the total number of nurse triaged calls (ie calls which could have symptom data recorded against them), note that 111 includes out-of-hours calls.

## Influenza Vaccine Uptake in Wales

**Table 2. Uptake of influenza immunisations in GP Practice patients, school children and NHS staff in Wales 2019/20 (as of 29/12/2019).**

Influenza immunisation uptake in the 2019/20 season	
People aged 65y and older	67.1%
People younger than 65y in a clinical risk group	39.7%
Children aged two & three years	41.5%
Children aged four to ten years*	68.3%
NHS staff	48.1%
NHS staff who have direct patient contact	50.5%

\* In school sessions carried out so far.

The end of season report Influenza in Wales 2018/19 is available to download and contains a full breakdown of vaccination uptake amongst eligible groups.

Link to report: <http://www.wales.nhs.uk/sites3/page.cfm?orgid=457&pid=55714>

## Key points – Influenza activity in the UK and Europe

- As of week 52, allowing for Christmas reporting breaks, influenza activity has continued to increase for several indicators in the UK. GP ILI consultations decreased in Northern Ireland to 10.4 per 100,000 and has returned to baseline levels. As of week 51 (latest data available), consultations increased in Scotland to 21.7 per 100,000 but remains below baseline activity. The weekly ILI GP consultation rate in England reported through the RCGP system increased to 19.4 per 100,000 and remains above the MEM threshold for baseline activity (12.7 per 100,000). The syndromic surveillance indicator for influenza reported through the GP In Hours Syndromic Surveillance system was 16.8 per 100,000 in week 52.
- During week 52, 10 samples tested positive for influenza (one influenza A(H1N1)pdm09, seven influenza A(H3) and two influenza A(unknown subtype)) through the UK GP sentinel swabbing schemes, an overall positivity of 62.5%. Three hundred and fifty-eight (22.2%) of the 1,616 respiratory test results reported through Public Health England's DataMart scheme tested positive for influenza (16 influenza A(H1N1)pdm09, 246 influenza A(H3), 91 influenza A(not subtyped) and five influenza B). UK summary data are available from the [Public Health England National Influenza Report](#).
- The WHO and the European Centre for Disease Prevention and Control (ECDC) reported that as of week 52, influenza activity was still increasing across the WHO European Region. During week 52, a total of 552 sentinel specimens were tested for influenza, 246 of which were positive (93 influenza A(H1N1)pdm09, 37 influenza A(H3N2), 23 influenza A(not typed) and 93 influenza B).

**Source:** Flu News Europe: <http://www.flunewseurope.org/>

## World update

- The WHO reported on 20/12/2019 that in the temperate zones of the northern hemisphere, respiratory illness indicators and influenza activity continued to increase in most countries. Activity was low overall in the Caribbean and Central American countries, except for Cuba. In tropical South American countries, influenza activity remained low. In tropical Africa, influenza activity remained elevated in some countries of Middle and Western Africa. In Southern Asia influenza activity was low across reporting countries, but was high in Iran. In South East Asia, influenza activity continued to be reported in Lao PDR and the Philippines. In the temperate zone of the southern hemisphere, influenza activity returned to inter-seasonal levels. Worldwide, seasonal influenza A(H3N2) viruses accounted for the majority of detections.
- Based on FluNet reporting (as of 19/12/2019), during the time period from 25/11/2019 – 08/12/2019, National Influenza Centres and other national influenza laboratories from 112 countries, areas or territories reported influenza surveillance data. The WHO Global Influenza Surveillance and Response System laboratories tested more than 86,210 specimens during that time period, 9,438 were positive for influenza viruses, of which 7,067 were typed as influenza A (1,216 influenza A(H1N1)pdm09, 2,809 influenza A(H3N2) and 3,042 influenza A(not subtyped)) and 2,371 influenza B (of the characterised influenza B viruses 25 belonged to the B-Yamagata lineage and 458 to the B-Victoria lineage).

**Source:** WHO influenza update:

[http://www.who.int/influenza/surveillance\\_monitoring/updates/en/](http://www.who.int/influenza/surveillance_monitoring/updates/en/)

## Update on influenza activity in North America

- The USA Centers for Disease Control and Prevention (CDC) report that during week 52 (ending 28/12/19) influenza activity is high and continues to increase. Activity has been elevated for eight weeks. Nationally, 12,016 (26.3%) out of 55,251 specimens have tested positive for influenza in week 52, of these positives 3,859 (32.1%) were influenza A and 8,157 (67.9%) were influenza B. Further characterisation has been carried out on 1,618 specimens by public health laboratories, and 1,172 tested positive for influenza, 474 (40.4%) were influenza A (387 influenza A(H1N1)pdm09 (94.8%), 37 influenza A(H3N2) (8.7%), and subtyping was not performed on 50 specimens) and 698 influenza B (59.6%).

**Source:** CDC Weekly US Influenza Surveillance Report: <http://www.cdc.gov/flu/weekly/>

- The Public Health Agency of Canada reported that during week 50, influenza activity continued to increase. The percentage of visits to healthcare professionals due to ILI was 1.3%, which is slightly below average for this time of year. The percentage of tests positive for influenza is 7.8%, which is higher than the average for this time of year.

**Source:** Public Health Agency of Canada

<https://www.canada.ca/en/public-health/services/diseases/flu-influenza/influenza-surveillance/weekly-influenza-reports.html>

### **Middle East respiratory syndrome coronavirus (MERS-CoV) – latest update from WHO and ECDC**

- On 26/12/19 WHO reported three additional cases of Middle East Respiratory Syndrome coronavirus (MERS-CoV). Globally, 2,497 laboratory confirmed cases of human infection with MERS-CoV, including 859 associated deaths, have officially been reported to WHO since September 2012.  
Source: WHO Global Alert and Response website: <http://www.who.int/csr/don/archive/year/2019/en/>
- The majority of the MERS cases continue to be reported from the Middle East, and specifically from Saudi Arabia. Rapid risk assessments of the situation from ECDC, which contain epidemiological updates and advice for travellers and healthcare workers, are available from: <https://ecdc.europa.eu/en/middle-east-respiratory-syndrome-coronavirus>
- Further updates and advice for healthcare workers and travellers are available from WHO: <http://www.who.int/emergencies/mers-cov/en/> and from NaTHNaC: <https://travelhealthpro.org.uk/news/237/mers-cov-update-travelhealthpro-country-pages>

### **Human infection with avian influenza A(H7N9), China – latest update from WHO**

- The latest WHO Influenza at Human-Animal Interface summary (28/09/2019 to 25/11/2019) reports that no new cases of avian influenza A(H7N9) were reported. Since February 2013, a total of 1,568 laboratory-confirmed cases of human infection with avian influenza A(H7N9), including at least 616 deaths, have been reported: [http://www.who.int/influenza/human\\_animal\\_interface/HAI\\_Risk\\_Assessment/en/](http://www.who.int/influenza/human_animal_interface/HAI_Risk_Assessment/en/)  
[http://www.fao.org/ag/againfo/programmes/en/empres/H7N9/Situation\\_update.html](http://www.fao.org/ag/againfo/programmes/en/empres/H7N9/Situation_update.html)
- The risk of international spread of avian influenza A(H7N9) is considered to be low at present. However, it is important that clinicians are aware of the possibility of human infection with animal influenza, in persons presenting with severe acute respiratory disease, while travelling or soon after returning from an area where avian influenza is a concern. Updates are available from the WHO Global Alert and Response website: <http://www.who.int/csr/don/en/>

### **Links:**

**Public Health Wales influenza surveillance webpage:**

<http://www.publichealthwales.org/flu-activity>

**GP Sentinel Surveillance of Infections Scheme:**

<http://www.wales.nhs.uk/sites3/page.cfm?orgid=457&pid=27918>

**NICE influenza antiviral usage guidance:**

<http://www.nice.org.uk/Guidance/TA158>

**Wales influenza information:**

<http://www.wales.nhs.uk/sitesplus/888/page/43745>

**England influenza surveillance:**

<https://www.gov.uk/government/statistics/weekly-national-flu-reports-2019-to-2020-season>

**Scotland influenza surveillance:**

<https://www.hps.scot.nhs.uk/a-to-z-of-topics/influenza/#data>

**Northern Ireland influenza surveillance:**

<https://www.publichealth.hscni.net/directorate-public-health/health-protection/seasonal-influenza>

**European Centre for Communicable Disease:**

<http://ecdc.europa.eu/>

**European influenza information:**

<http://flunewseurope.org/>

**Advice on influenza immunisation (for NHS Wales users)**

<http://nww.immunisation.wales.nhs.uk/home>

For further information on this report, please email Public Health Wales using:

[surveillance.requests@wales.nhs.uk](mailto:surveillance.requests@wales.nhs.uk)