

**May 2023**

## Welcome to the Healthy Working Wales E-bulletin

Our monthly e-bulletin provides regular updates from the Healthy Working Wales team, Covid-19 guidance, workplace health and wellbeing news as well as links to upcoming campaigns and events.

Feel free to share with colleagues and your networks.

Click here to [sign up for monthly HWW e-bulletins and to view previous editions](#).

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## Healthy Working Wales: A Year in Review

In this month's e-bulletin, we reflect on our collective achievements from the past year. Looking ahead, employers can expect to see further development of our digital assets, along with more information and signposting to resources across a broad range of topics.

Thanks,  
The HWW Team



Podlediad Cymru  
Iach ar Waith  
The Healthy Working  
Wales Podcast

## Podcasts: "Financial Wellbeing" and "Environmental Sustainability"

Two more podcasts in the HWW series were launched: "[Financial Wellbeing](#)" and "[Planetary Health: Employer Action on Environmental Sustainability](#)". The podcasts provide employers with knowledge and support to help keep workforces in Wales healthy and in work.



## New Web Pages on "Mental Health and Wellbeing" and "The Cost of Living Crisis"

New web pages on "[Mental Health and Wellbeing](#)" and "[The Cost of Living Crisis](#)" were launched, capturing the most up-to-date information and evidence, including suggestions for ways employers can take action, and signposting to resources and services for further support.

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## Fair Work for Health, Wellbeing and Equity

Fair work is where workers “are fairly rewarded, heard and represented, secure and able to progress in a healthy, inclusive environment where rights are respected” ([Fair Work Wales, Report of the Fair Work Commission 2019](#)).

A range of [fair work information and resources](#) for local and regional agencies were produced by HWW to help employers understand the actions they can take to increase participation in this.



Cymru Iach ar Waith  
Healthy Working Wales

### Employer Online Survey Tool

The HWW online survey tool assists employers in exploring all aspects of their existing health and wellbeing policies and practices at work. By completing the survey, employers can identify what is going well and priority areas for action.

The tool has been piloted with select organisations, and we will be rolling it out later this year and making it available to all employers in Wales.



### Employer Case Studies

We continued our series of employer case studies with one taking an in-depth look at the exemplary work [Melin Homes](#) has undertaken on looking after the mental and physical health and wellbeing of its workforce.

We also produced a [report](#) summarising the key themes and examples of good practice highlighted by the entries received from 55 employers for our HWW Covid-19 Commendations Event held in late 2021.



### Enhanced Status Checks

In response to the suspension of full HWW awards during the pandemic, the HWW team created an [Enhanced Status Check](#) process to review award-holding employers' health and wellbeing practices and enable them to have their awards extended.

We continued to implement this interim awards process during 2022/23, while revamping the HWW model, during which time 111 employers completed a successful Enhanced Status check (consisting of 57 Corporate Health Standard Awards and 54 Small Workplace Health Awards).

[Healthy Working Wales](#)



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