

# Rhaglen Mesur Plant Cymru

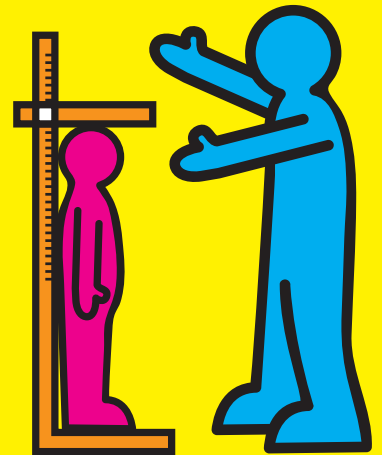
## Child Measurement Programme for Wales

Rydym eisiau gwybod mwy am y ffordd y mae plant yng Nghymru yn tyfu. Felly, mae angen i ni bwysu a mesur pob plentyn yn y dosbarth derbyn.

We want to learn more about how children in Wales are growing. So, we need to weigh and measure all reception class children.



Bydd Tîm Nyrso eich Ysgol yn ymweld â'r ysgol cyn bo hir. Os ydych am siarad am bwysau eich plentyn neu unrhyw fater iechyd arall gellir eu cysylltu â nhw ar:



Your School Nursing Team will be visiting this school soon. If you wish to talk about your child's weight or any other health issue they can be contacted on:



Am wybodaeth bellach am y  
Rhaglen Mesur Plant ar gyfer Cymru ewch i

For further information about the  
Child Measurement Programme for Wales visit

[www.publichealthwales.org/childmeasurement](http://www.publichealthwales.org/childmeasurement)