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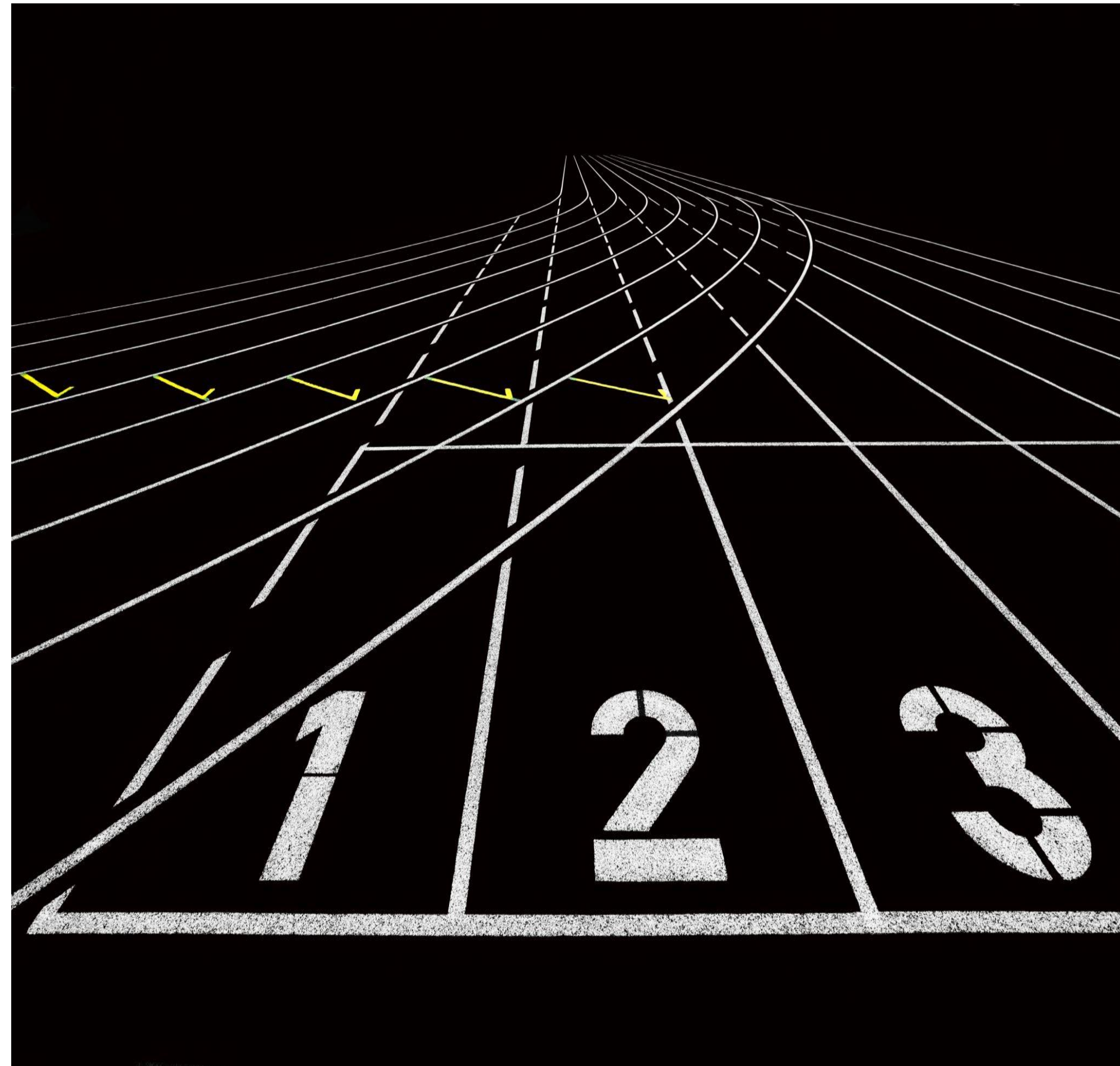
Iechyd Cyhoeddus
Cymru
Public Health
Wales

Young Ambassadors Board Priorities

27/07/23

What Have we Prioritised?

3. Mental Health and Wellbeing
2. Substance Abuse
1. Sexual Health and Healthy Relationships



Mental Health and Wellbeing

- Importance of prevention
- Early intervention
- Difficulty accessing services
- Access to appropriate services
- Bring people into schools with lived experiences
- Impact on individual, family, social structures



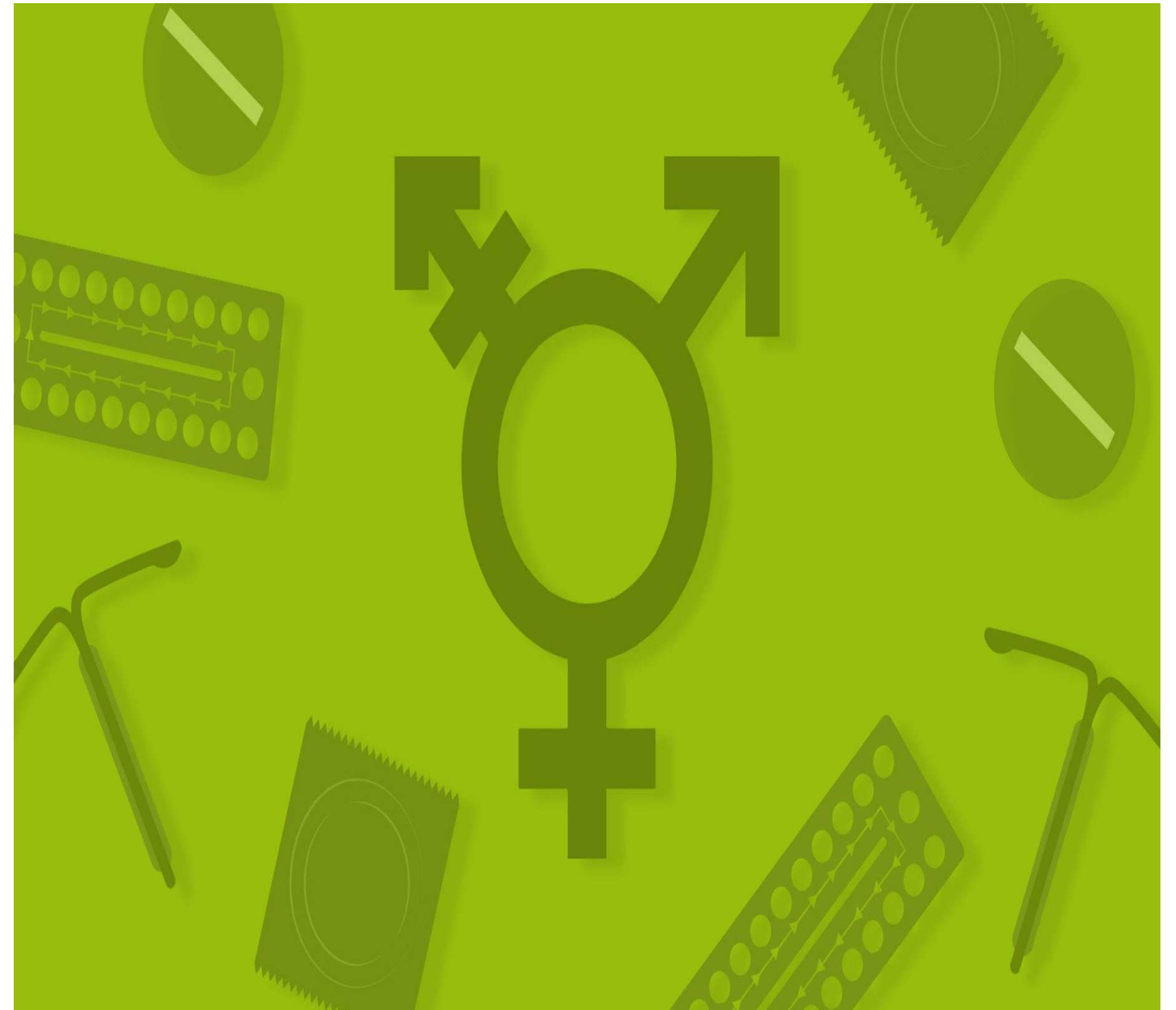
Substance Abuse

- Damaging subject
- Impact many through behaviour change, etc
- VAPING
- Move from Stigma to Empathy
- This topic impacts on the others we have highlighted



Safe Sex and Healthy Relationships

- Most impact
- Affects everyone
- Frisky? No one knew
- Availability of sexual health services across Wales
- Where to go for help following assault
- STI transmission rates Increasing
- Prevention and education



What we like about Young Ambassadors Programme

- Better partnerships with PHW
- Not being talked at
- National Panels
- Social Aspects
- Coproduction
- Feedback loops from previous sessions on the impact of what we've done



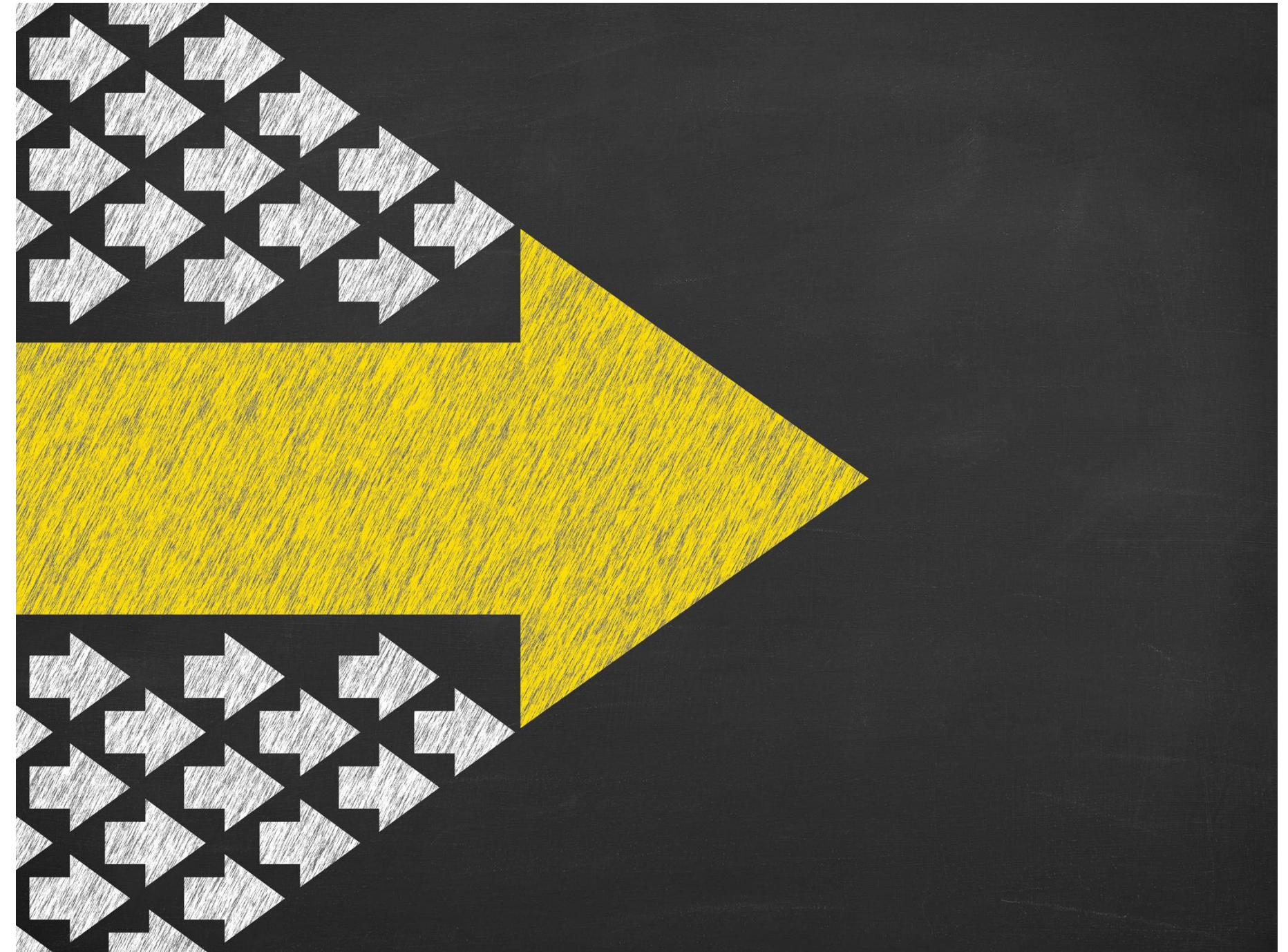
What can be improved with the Young Ambassadors Programme

- More interactive sessions
- Helping with career paths/ work experience
- More contact outside of residentials eg virtual space
- Feedback loops from other parts of the organisation



Going forwards with the Young Ambassadors Programme

- Agenda shared beforehand
- Evidence of involvement eg accreditation
- 3 days residentials
- Shorter days, frequent breaks
- Social aspects
- Ensuring feedback from speakers, sessions, and board
- ? To Board – what can you do to help make this happen





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Gweithio gyda'n gilydd
i greu Cymru iachach

Working together
for a healthier Wales

